



The

# Valley District Soccer Association

presents

## March Break Soccer Camp

Daily

offered to

**Boys & Girls**

**Born 2001 to 1996**

**March 15, 16, 17 & 18<sup>th</sup>**  
**9:00 a.m. to noon daily**

Dear Soccer Players:

- We are excited to invite you to the March Break Soccer Camp. This camp will provide an environment for learning skill techniques along with addressing tactical considerations of soccer. The training will combine these aspects to help players improve their skills and techniques in game related situations. Our hope is to improve the skills of our campers while enhancing their tactical awareness and decision-making enabling them to succeed in their future with soccer.

- I look forward to seeing you at camp!

- Angela Morrison  
Camp Director  
Regional Technical Director for VDSA

Program Content:

- **Schedule:** Camp will run from 9:00 a.m. to noon. The sessions will consist of two hours of training and teaching games, followed by one hour of 4v4 tournament play each day.

- **Training:** Each day the coaches will focus on a theme that will progress from individual defending and attacking. Within the small-sided games the topics covered in the training will be addressed.

Program Cost:

The cost of the program is \$60 per player – this price includes a camp t-shirt.



**ANGELA MORRISON VDSA TECHNICAL DIRECTOR**

The Camp will be under the direction of the valley's Technical Director, Angela Morrison. Morrison, comes to us with a great deal of experience developing coaches and high level players.

Morrison, a Nova Scotia native, played five years at Acadia before going on to play professionally in Japan for two seasons. Upon returning to North America, she began coaching at the collegiate level. Morrison has made stops at the University of Maine – Presque Isle, the University of North Dakota, San Diego State University and most recently at the University of Montana. During her time in the US, she also worked as Director of Coaching for the Missoula Strikers Soccer Club in Missoula, Montana.

**Registration:** Registration for the March Break Camp can be completed in three ways.

**1. SOCCER CENTRE:** Drop off the completed registration at the Kentville Indoor Soccer Centre main lobby during business hours.

OR

**2. JUANDAROS:** Drop off the completed registration at Juandaros in Wofville.

OR

**3. MAILING:** Registration form and fee can be mailed to: PO Box 144 Kentville, NS B4N 3W4

**REGISTRATION DEADLINE IS THURSDAY, MARCH 11<sup>TH</sup>**  
**-SPACE IS LIMITED SO REGISTER EARLY.**

Please make cheques payable to:

**Valley District Soccer Association**

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**Registration**

Player's Name \_\_\_\_\_

Address \_\_\_\_\_

City / Postal Code \_\_\_\_\_

Email Address \_\_\_\_\_

Club \_\_\_\_\_

Emergency contact Name \_\_\_\_\_

Emergency Contact Phone \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

T-shirt size   YS   YM   YL   YXL   **AS**

**Please print clearly – as email address will be used to send out information**

**ASSUMPTION OF RISK AND AGREEMENT TO ABIDE BY SNS AND CLUB BYLAWS, POLICIES, AND PROCEDURES**

**ASSUMPTION OF RISK**

There is a potential risk for injury involved in training and participating in any sport. Soccer Nova Scotia has tried to create a safe and controlled environment for safe participation. The Club and officials have established rules in conjunction with the governing body for participation and conduct on and about the area that should be followed.

X \_\_\_\_\_

**FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian with legal responsibility for this participant, on behalf of the participant, do consent and agree to the assumption of risk and agreement to abide by Soccer Nova Scotia and Valley District Soccer Assoc. by-laws and policies and procedures.

X \_\_\_\_\_



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